

In the uncontaminated nature of the south-eastern Murgia
a revitalizing experience for body and mind



Holistic Farm Fusion

yoga, pilates, martial arts
functional training
ancestral movements
body expression, vocalism
breath use

by

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voice trainer, performer
actor, composer, author
responsible for Italy
IPS Postural Training

www.uncorpopovero.it
www.ipsposturologia.com

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